

spring & summer

SEASONAL CATERING MENU



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breakfast selections

- RISE & SWINE** \$6.25 PP
cage free egg whites, smoked bacon, avocado, griddled tomatoes, english muffin
- BREAKFAST TACO** \$6.25 PP
cage free eggs, bacon, jack cheese, pico de gallo, flour tortilla
- PINA COLADA FRENCH TOAST** \$6.50 PP
coconut milk dredged brioche bread topped with a pineapple juice glaze
- BLUEBERRY PANCAKE BITES** VGT \$3.50 PP
classic blueberry pancakes infused with maple syrup
- SPINACH EGG BITES** VGT GF \$3.50 PP
cage free eggs, spinach, bell peppers, parmesan cheese

lunch selections

- THAI CHICKEN WRAP**
spicy thai style roasted chicken, mixed greens, cucumber, cilantro, flour tortilla
- PEPITA PESTO TURKEY**
roasted turkey, pepita pesto, provolone cheese, baby spinach, roasted red peppers, french baguette
- PICKLED CHICK**
pickle brined chicken breast, crispy bacon, avocado, slaw, jack cheese, ciabatta roll
- BLAT SALAD**
romaine lettuce, grape tomatoes, crispy bacon bits, herb croutons, avocado, creamy ranch
- BBQ CHICKEN SALAD**
chopped romaine, grape tomatoes, roasted corn, black beans, bbq chicken, green onion, bbq ranch dressing
- SUMMER CRISP SALAD**
romaine lettuce, mint, feta, quinoa, peas, almonds, sliced peaches, radish, crispy onions, sundried tomatoes, balsamic vinaigrette

lunch snacks

- GARDEN SLAW** \$4.50 PP
julienne cut zucchini, julienne cut yellow squash, julienne red pepper, corn, red onions, parsley, basil, citrus vinaigrette
- GRILLED CORN SHAKER** VGN GF \$4.50 PP
greens, tomatoes, chili spiced zucchini & corn, tortilla strips, lime jalapeno dressing



- ACAI YOGURT PARFAIT** VGT \$6.25 PP
vanilla yogurt, acai puree, granola, fresh berries, agave, chia seeds
- MAPLE BACON EGG STACK** GF \$5.50 PP
maple bacon, fried egg, tomato jam, arugula, swiss cheese, lemon chili aioli

- STRAWBERRY CHEESECAKE OATS** VGT \$4.25 PP
classic blueberry pancakes infused with maple syrup
- ENERGY SNACK BARS** VGT \$2.00 PP
peanut butter, quick oats, honey, dried cherries



- FIRECRACKER SHRIMP BAHN MI**
sweet & spicy shrimp, shredded cabbage, sliced cucumber, shredded carrots, cilantro, french baguette
- COOL BEANS** VGN
black bean spread, red cabbage, corn, red peppers, green onions, pepita goddess sauce, pita
- CITRUS KALE SALAD** VGT GF
chopped kale, slivered almonds, parmesan cheese, citrus vinaigrette
- STRAWBERRY WALNUT SALAD** VGN GF
baby spinach, strawberries, basil, radish, walnuts, balsamic vinaigrette

- BASIC BOX** \$13.50 PP
salad or sandwich, chips, brownie or cookie
- SIGNATURE BOX** \$15.75 PP
salad or sandwich, pasta salad, chips, brownie or cookie
- PLATTER** \$16.75 PP
includes pasta salad, chips, and cookie

- SHRIMP CEVICHE BENTO** \$6.50 PP
shrimp ceviche served with tortilla chips and lime
- BERRY CHEESECAKE PARFAIT** VGT \$3.75 PP
greek yogurt cream, mixed berry compote, graham cracker crumble

12 PERSON MINIMUM FOR ALL ORDERS