



SANDWICHES AND WRAPS

TURKEY JACK

roasted turkey, pepper jack cheese, leaf lettuce, pico de gallo, chipotle aioli, wheat tortilla

\$8.00 | 700 CALS

SHRIMP BLT

seasoned shrimp, bacon, shredded lettuce, tomato, garlic aioli, avocado, french roll

\$8.75 | 570 CALS

GUAC WRAP VG DF

house made guacamole, black beans, greens, bell peppers, cilantro vinaigrette, spinach tortilla

\$8.25 | 480 CALS

FEATURED

CHIPOTLE CHEDDAR CHICKEN

roasted chicken, cheddar cheese, sliced tomato, baby spinach, bacon, chipotle ranch, 9 grain bread

\$8.50 | 670 CALS



OFF TO THE
RIGHT START

WHATTA TUNA

avocado tuna salad, roasted red peppers, pickled cucumbers, super blend slaw, lemon tahini dressing, flatbread

\$8.75 | 410 CALS

POPULAR

MALIBU

roasted chicken, applewood smoked bacon, avocado, cheddar cheese, greens, tomato, caramelized onion aioli, ciabatta roll

\$8.00 | 800 CALS

MARK CUBANA

roasted chicken, applewood smoked bacon, black bean spread, avocado, chihuahua cheese, chipotle aioli, spinach tortilla

\$8.00 | 920 CALS

ITALIAN GRINDER

ham, salami, pepperoni, provolone, lettuce, tomato, red onions, banana peppers, red wine vinaigrette, french roll

\$8.00 | 920 CALS

SIDES

ADD MEAT GF DF
\$2.00

HOUSEMADE CHIPS VG GF DF
\$1.75

ADD BACON (2) GF DF
\$2.00

ADD AVOCADO VG GF DF
\$1.25

ADD CHEESE V GF
\$1.00

BREAD SUBSTITUTE

for any sandwich, bread can be substituted with gluten-free (GF) bread.

V-VEGETARIAN

VG-VEGAN

GF-GLUTEN FREE

DF-DAIRY FREE

CN-CONTAINS NUTS



THOROUGHLY COOKING FOODS OF ANIMAL ORIGIN SUCH AS BEEF, EGGS, FISH, LAMB, MILK, POULTRY OR SHELLFISH REDUCES THE RISK OF FOODBORNE ILLNESS INDIVIDUALS WITH CERTAIN HEALTH CONDITIONS MAY BE AT HIGHER RISK IF THESE FOODS ARE CONSUMED RAW OR UNDERCOOKED.



FOOD PREPARED MAY CONTAIN WHEAT, FISH, DAIRY, EGGS, SOY, & NUTS.